	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	November 2024 Shoreham Recreation Calendar					10:00 Music Therapy 1 (Group) 10:30 SenSupport (C/D) 10:30 OmiVista (A) 11:00 OmiVista (B) 2:00 Music with Sharon Rhyno (ML)	10:30 Creative Movements (ML) 2:00 Nail Care (OT)
9	BACK	10:30 Montessori (E) 1:30 Hydration Cart 2:00 Music with Chester Moss (ML)	8:30 Hand Wax (OT) 5 10:30 Creative Movements (ML) 1:30 Yoga & Meditation (OT) 2:00 Puzzles & Games (ML) 6:00 GuitBasDuo (ML)	Brenda 10:30 Cranium Crunches (ML) 10:30 Sensory (B)	Stretches (ML) 2:00 Remembrance Day Service (ML)	10:30 Library Visit (ML)	10:30 Cooking with Colleen (OT) 2:00 Lexicon Social
2 P	0:30 Nail Care (OT) :00 Remembrance Day rogram (ML) Remember to stay healthy & hydrated Vater provided during programs	REMEMBRANCE DAY Lest We Forget Veterans Day Remembrance Day (Canada)	. ,	Brenda 10:30 Name That Tune (ML)	10:30 Social visits 2:00 Red Hatters (OT)	10:00 Music Therapy 15 (Group) 2:00 Armchair Travels	16
N W R S N N	lov 7 th - All Clergy velcome to join temembrance Day tervice (2:00pm) lov. 14 th – J Cavanagh lov. 21 st - D Oickle	10:30 Montessori (B) 1:00 Reading with Linda (OT) 1:30 Hydration Cart 2:00 Music with Ronnie &	8:30 Hand Wax (OT) 19 10:30 DrumFit (ML) 10:30 Reminiscing (A) 1:30 Yoga & Meditation (OT) 2:00 Boccia Ball (ML) 6:00 Evening Sing Along (ML)	8:30 Folding with 20 Brenda 10:30 Resident Council (OT) 10:30 Rock & Roll Trivia (Activity Connection) 10:30 Sensory (C) 2:00 BINGO (ML)	10:30 Social Visits (1:1) 1:30 Hydration Cart 2:00 Afternoon Card party (ML)	10:00 Music Therapy (Group) 10:30 Luncheon (OT) (sign up in main lounge) Weagle 52 nd Wedding Anniversary Celebration 2:00 Music with the Elderly Brothers (ML)	10:30 Morning Crafting (ML) 2:00 Nail Care
			10:30 Morning Stretches (ML) 11:30 Musical Interlude with Eileen (ML) 2:00 Bowling (ML) PROVINCIAL ELECTION Time TBD	Brenda 10:30 Decorating E wing 10:30 Decorating D wing 2:00 BINGO (ML) 6:30 Music with HHG (ML)	2:00 Decorating C wing	10:00 Music Therapy (1:1) 10:30 Spiritual Hour (ML) 10:30 Library Visit (ML) 2:00 Decorating A wing	Happy Birthday to 30 Geraldine M – 2 nd Hazel M- 2 nd Danny M – 3 rd Mary L – 8 th Gladys W- 9 th Margaret P -13 th Ann S – 15 th Glenna W – 15 th Margaret B -19 th Alberta D- 20 th Ruby Anderson -26 th mers- 902-275-5631 (8233)